

FALL PREVENTION DAY

Tuesday, September 23rd @ 11 am

St. Petersburg Fire & Rescue will be giving a presentation on Fall Prevention

St. Petersburg Main Library

3745 9th Ave. N.



Topics they will discuss include:

The consequences that come with falls

Tips to reduce the risk of a fall

What to do if you do fall

Ways to lighten up your living space

Did you know?

- ♦ One-third of Americans aged 65 and older fall each year.
- ♦ Falls are the leading cause of injury-related: deaths, hospitalizations and emergency department visits among Florida's senior population.

